

## Put it into Action:

### As a family how will you tackle pornography?

I have created my family's very own action plan, so that every family member knows exactly what to do when we are faced with pornography.

	Kids	Parents	Everyone
<b>Look away</b>	<b>TV</b> - Change the station <b>Computer</b> - Get up and walk away <b>Friends house</b> - go to the toilet	Be aware of what you are looking at. Choose to avoid anything that you're not sure about	Tell a parent when using Internet Screen time is a privilege and is time limited. Devices to be used in a common area. eg. Dining table
<b>Identify it correctly</b>	"That's pornography" Say it so that you can hear it, or tell the people you're with	Talk to the kids about what you saw. Remember: If you saw it, they did too.	No judgment Be supportive Make sure communication is positive and encouraging
<b>Do something else</b>	Pray with mum or dad Game of soccer in the backyard	Pray with your kids Help them to think creatively about the activity they choose	Some other ideas: Basketball in the street Cubby house Sit ups

<b>Expose the secret</b>	Tell mum or dad ASAP Remember: you will not get in trouble	Be prepared to talk to the kids where ever you see an inappropriate image Don't stop with this book	Be confident about your choice to avoid pornography
<b>Respect yourself &amp; others</b>	<b>With friends</b> - tell them it's not cool to damage your brain <b>At friends house</b> - go to the toilet, then call mum to pick you up, use code: 'I got sick from the garbage we spoke about'	Don't presume to be immune to pornography. Cover inappropriate magazine covers in shops. Talk to other parents, we are all in this together	Create boundaries within your network of friends and family; tell them that you don't want that garbage to damage your brain.